

# Self-Guided Walking on Madeira

Trip Code: SGMA

Version:



WALK & TREK



SELF-GUIDED



MODERATE



## HIGHLIGHTS

- Walk along the Levada do Norte, the oldest and longest levada on Madeira
- Discover the fascinating high pitched Madeiran houses of Santana
- Walk upon Paul da Serra Plateau some 1500m above the coast for breath-taking panoramas
- Explore the botanical gardens of Monte, a festival of colour

## AT A GLANCE

- Self-Guided
- 6 days walking
- Tuesday Thursday and Saturday departures
- Join at Porto da Cruz / End in Funchal

## ACCOMMODATIONS & MEALS

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

The lush green island of Madeira sits just off the coast of Morocco and is often referred as the Pearl of the Atlantic, a title justly deserved. This spectacular island really is Portugal's colourful garden punctuated with exotic plants and is steeped in history, having been a strategic port for Portuguese explorers during the age of discovery. On this fantastic one week self-guided holiday you will circumnavigate the island to discover the deep roots of Madeira's heritage, witness the colourful flora, taste the delicious Madeiran delicacies and walk in the footsteps of great explorers. The island is a walkers paradise thanks to the fantastic network of levadas, not to mention the miles of beautiful coastal walking and high plateaus above the steep valleys left behind by its volcanic past. Your routes will take you to the tranquil springs of Ribero Bonito, to the northern coast with views across to neighbouring Porto Santo and to the centre of the island high upon the Plateau Paul de Serra. And when you have finished exploring you will retreat to pretty coastal towns to enjoy a relaxing swim or enjoy a glass of wine in our great selection of hotels.

## Is this holiday for you?

If you want to experience Madeira's rich culture on foot then this is the holiday for you. The fantastic steep valleys and coastal paths provide breath-taking vistas for surefooted walkers with a head for heights. Using the fantastic network of levadas the island possesses and fantastic coastal paths you will walk an average of 15km a day with up to 650m of ascent each day to lovely villages, vibrant botanical gardens and wild coasts. At the end of the busy day exploring you will spend 5 nights in a fantastic selection of 4\* hotels, some with spa facilities and 2 nights in a family run 2\* hotel in Porto da Cruz. Plus staying on a B&B basis you are sure to experience the island's warm hospitality as well as having the opportunity to sample traditional dishes in the many local restaurants.

# Itinerary

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Version:

## Holiday Information

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### What's Included

- All accommodation as described
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Luggage transfers
- Welcome briefing
- Transfers as described in the itinerary
- Bus journey from Cabo Girao to Funchal
- Uphill cable car journey to Monte / Funchal

### What's not Included

- Travel insurance
- Travel to Porto da Cruz
- Travel from Funchal
- Visas (if applicable)
- Tourist Taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan
- Personal equipment
- Any additional activities/excursions indicated as optional

## Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

## Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking holiday for your family, a centre based trip is a fantastic option as it allows you to easily opt out of a days walking if a day of building sand castles, swimming in the pool or visiting museums is calling instead.

Please discuss this further with our sales team who will be happy to assist in picking the best trip for your family.

## Joining Arrangements & Transfers

This trip starts at your hotel in Porto da Cruz. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. Your trip starts at your hotel in Porto da Cruz. The nearest airport is Cristiano Ronaldo International Airport (Funchal), served by many departures from UK regional airports.

If you are flying to into Funchal you can travel via public transport to Porto da Cruz - the journey takes approximately 1 hour and costs approximately €3 - €4 per person.

Alternatively, it is possible to take a taxi from the airport - this takes around 30 minutes and costs around €25. NB there is a 20% supplement for trips made between 9pm and 6am.

Your trip ends at your hotel in Funchal. You can travel via the Aerobus shuttle from the stop near to your hotel - this takes 20 - 30 minutes and costs approximately €6 per person - your hotel will be able to give you the latest timetable information and advise you how to reach the bus stop.

Alternatively, it is possible to take a taxi to the airport - this costs around €40. NB there is a 20% supplement for trips made between 9pm and 6am.

## Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

## Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

It is not just fantastic walking this Pearl of the Atlantic has to offer. The island's fertile volcanic soils and incredible network of levadas make for a plethora of fresh and tasty produce, not to mention the fantastic seafood the local fisherman catch daily from the surrounding North Atlantic Ocean. This holiday is on a bed and breakfast basis allowing you to sample all the great tastes the island has to offer.

The island has many fantastic seafood restaurants serving delicacies such as grilled limpets fresh from the grill served with garlic butter, lemon and local bolo do caco (a typically Madeiran flat round bread). For meat eaters we recommend sharing picado with your travelling companion; made with fried chunks of beef, garlic and red peppers served in a large dish surrounded by French fries designed for everyone to grab a fork and dig in.

Food is varied and plentiful on Madeira and it's not just savoury dishes the Madeirans excel at. Across the island you will find bakeries filled with delicious treats to satisfy any sweet tooth including the traditional Portuguese tarts pastel del nata and bolo de mel, a honey cake traditionally eaten at Christmas time. And let's not forget the aperitif for which the island is famed- Madeira Wine. The fortified wine comes in many forms from a sweet dessert wine to a dry aperitif making the perfect end to an evening meal or a souvenir to remember a great holiday on the island.

## **Accommodation**

We have handpicked a great range of 4\* hotels for your trip, you will also spend two nights in a family run 2\* hotel in Porto da Cruz. Each hotel has been specially chosen for its great location and warm hospitality. All of the hotels offer something different such as wellness centres, pools and cosy bars perfect for relaxing after a busy day walking on the island.

All of our hotels offer a great breakfast buffet to fuel you for the day ahead and are in close proximity to many bars and restaurants where you can enjoy a traditional Madeiran meal.

It is possible to arrange additional nights' accommodation if you would like to extend your time on the island. Please speak to our Sales Team for more information.

## **Baggage Allowance**

Your main luggage will be transferred between each of your hotels while you are out on your walk. We ask that you please ensure that each piece of your luggage is under 20kg and that your luggage is ready for collection in the morning on the day of each hotel change. You will also need a daypack to carry your daily essentials with you whilst you are walking.

# General Information

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## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

**It is your responsibility to ensure that you have the correct travel documents and visas for your holiday.** Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the [UK Government website](#).

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

### GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

## Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 3 to 5 hours for consecutive days. We suggest that you try to fit in a number of daily walks in hilly countryside before your trip and its always a good idea to spend some time walking in the footwear you are going to use on this holiday.

## Climate

Madeira has a mild sub-tropical climate, with the Gulf Stream helping to ensure pleasant temperatures all year round. The warmest months are July and August with maximum temperatures of around 26 - 27 degrees centigrade, and in February and November it is a little cooler at 18 - 20 degrees centigrade, so this makes the shoulder seasons of spring and autumn absolutely ideal for being active on the island. Madeira generally has sunshine all year round, with May through September being the driest months and seeing very little rain. October through March can be wetter, but with still just an average of 6 days of rain per month. Of course, there would be no beautiful greenery on Madeira without a little rain!

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Books

- Walking in Madeira - Cicerone Guide, Paddy Dillon Walk!
- Madeira - Discovery Walking Guides, Shirley & Mike Whitehead
- Madeira Landmark Guide, Richard Sale
- Madeira & Porto Santo - Cadogan Guides Madeira - Insight Guide

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.



# Equipment Information

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## Self Guided Equipment List

- Hiking boots with good grip soles
- Functional base layer
- T-shirts
- Hat
- Windproof jacket
- Fleece / extra layer
- Long/short hiking trousers
- Hiking socks
- Waterproof jacket
- Waterproof trousers
- Rucksack (approx. 20 l)
- Small first aid kit inside your rucksack
- Sunscreen
- Water bottle or hydration pack
- Camera (batteries/memory card)
- Mobile Phone (ensure your data package covers your destination)
- Power bank

- Waterproof phone cover
- Sun glasses
- Personal wash kit
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Tupperware for picnics
- Walking poles
- Headtorch & spare batteries
- Your self-guided route notes

## Cotswold Outdoor

Many of the equipment items listed above are available from [Cotswold Outdoor](#) - our '**Official Recommended Outdoor Retailer**'. When you book a holiday with KE you will receive a 12.5% discount with Cotswold Outdoor, Snow+Rock and Runners Need. The discount code can be downloaded from your MyKE account and you can use this code at the checkout, either in store or online.

## Land Only Information

Departures available on Tuesdays, Thursdays and Saturdays.

Please note our 'from price' listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers, including solo travellers, contact our sales team for a quote. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

We offer some transfers to your hotel from the nearest airports, please refer to the 'joining arrangements and transfers' for further details for this trip.

# Why Choose KE

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## Why KE?

Circumnavigating the entire island allows you to experience the very best of Madeira's strong culture in just one week; from sampling the islands potent Poncha, to standing proud on Cabo Girao, Europe's highest cliff top, for the ultimate panorama. We have included all transfers to/from your walks each day, luggage transfers and a journey on the cable car to Monte, high above Funchal so all you have to do is put one foot in front of the other and enjoy your holiday!

**Please Note** This document was downloaded on 23/11/2024 and the trip is subject to change