

Self-Guided Walking on Mallorca

Trip Code: SGTT

Version:





HIGHLIGHTS

- Walk on the historic Pilgrims Path and watch Black and Griffon vultures soar at Cuber
- Explore the beautifully traditional Mallorcan villages of Deia and Fornalutx
- Spend two nights in the tranquillity of Lluc Monastery high in the Serra de Tramuntana
- Immerse yourself in the history of Palma and relax on the sandy beach

AT A GLANCE

ACCOMMODATIONS & MEALS

- Self-guided
- Max altitude 1126m
- 6 days hiking
- 2 nights stay at Lluc Monastery
- Friday and Sunday departures
- Join at Alcudia/ End in Playa de Palma

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

With 300 days of sunshine a year, Mallorca has been popular with regular holidaymakers since the 1960's. But while many people come to this 'jewel of the Balearics' for sun, sea and sand, there's far more to this fantastic island than just its beaches. Rising precipitously from the Mediterranean, the rugged range of the Serra de Tramuntana runs the length of Majorca's north-western coastline and offers great hiking on well signposted trails amongst spectacular scenery. Sheltered coves, pretty villages, traditional hospitality and great, fresh food add to what is definitely a winning combination for anyone looking for a week of walking in the sun. We have put together a great one-week self-guided holiday which will showcase the very best of the island with a choice of walks and a selection of fantastic 3 and 4 star hotels where you can rest and relax after your days' activities.

With the first 2 nights in Alcudia, there's the chance to hike to a viewpoint for views across to Menorca, to stroll around Alcudia's atmospheric old town and to discover the pretty town of Pollenca. Then, the focus turns to hiking in the Tramuntana, with 2 nights at the historic and tranquil Lluc Monastery; the perfect location in which to appreciate a simpler way of life. Exploring Majorca's mountainous spine, you may even be lucky enough to spot griffon and black vultures as you hike beside Cuber Reservoir. As your week draws to a close you will return to the coast to spend 2 nights in the bustling seaside town of Port de Soller to enjoy coastal hikes and hidden bays, before catching the retro railway to a final evening in the Playa de Palma. Here you can enjoy a guided tour of the islands capital, Palma, relax in one of the many cafes or walk to the beautiful village of Fornalutx.

Is this holiday for you?

This trip is ideal if you are looking for a challenging week of walking in the warmth of the Mediterranean sun. Walking an average of 5-6 hours and ascending no more than 900m a day on rocky paths your routes will take you to traditional villages, stunning peaks and along rugged coast. We have designed this trip specifically to allow you the opportunity to experience all aspects of a destination; enjoy the many restaurants and facilities of the popular tourist resorts, relax on hidden coves away from the hustle and bustle, and find solitude in the Tramuntana Mountains. And staying in 3* and 4* accommodation along the way you are sure to have the desired comfort to relax after a busy day of exploring.

Itinerary

Version:

Holiday Information

What's Included

- All accommodation as described
- Luggage transfers
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Welcome briefing
- Transfers to/from your walks as per itinerary
- Train fare with nostalgic 'red lightning train' from Soller to Palma
- An orange ice cream in Soller

What's not Included

- Tramway fare from Soller to Pt. Soller approx. EUR 5 per person
- Travel insurance
- Travel to Alcudia
- Travel from Playa de Palma
- Visas (if applicable)
- Tourist Taxes may apply and are usually under 5 Euros per person per night
- Some meals as described in the Meal Plan (lunches)
- Personal equipment
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking holiday for your family, a centre based trip is a fantastic option as it allows you to easily opt out of a days walking if a day of building sand castles, swimming in the pool or visiting museums is calling instead.

Please discuss this further with our sales team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

The trip starts at your hotel in Alcudia. All of our self-guided holidays are sold on a land only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Palma de Mallorca Airport with many departures from regional UK airports.

If you are flying to Palma de Mallorca Airport you can travel via public transport to Alcudia, the journey takes approximately 1-2 hours. From the airport take the shuttle bus to Palma Bus Station from where you can take the bus to Pt Alcudia. For more information please visit www.tib.org. Alternatively, it is possible to take a taxi from the airport which costs approx. 80 euros.

Your trip ends in Playa de Palma from where you can take the bus to Palma de Mallorca or alternatively take a taxi for approximately 25-30 euros.

Meal Plan

This trip is on a bed and breakfast basis to allow you the opportunity to enjoy dining in one of the local restaurants.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Like most Mediterranean countries Mallorcan cuisine is a delicious array of locally produced fresh vegetables, fruits, olives and nuts. Food on the island is simple, clean and tasty with continental style breakfasts consisting of fruits, fresh breads and pastries including the popular Emsaimada, a sweet coiled pastry filled with anything from custard to fruit or even sliced sobrassada sausage.

Along your route you can enjoy a picnic with a view of delicious or sampling the local tapas in a café. Our tip: if you would like a mixture of different Tapas, then just ask for a Tapas Variadas! As you would expect seafood is a popular ingredient on the island with a favourite dish being Caldereta de Llagosta, a pleasant stew made with lobsters caught between Mallorca and Menorca. Vegetarians are well catered for on the island with vegetables in abundance, a particular tasty dish is Tumbet, similar to ratatouille. Other popular dishes are hearty rice soups and pork loin in a yummy Mallorcan sauce.

Accommodation

We have hand selected a great selection of 3* and 4* hotels for you on this trip, all selected for their great locations and hospitality. All of the hotels offer comfortable bedrooms, and great communal areas including a restaurant and bar area. The hotels all offer a great buffet breakfast to fuel you on you hikes and some also have a pool area for you to cool off after a day on the trails.

We have also included 2 nights in the peaceful Lluc Monastery so that you can enjoy the relaxation of the mountains as the day draws to a close and the tourists retreat to the resorts on the coast. The monastery is simple and traditional in style with 81 rooms and beautifully manicured gardens perfect for unwinding in the late day sun, as well as a bakery, café, bar and restaurants where you can find a great meal for all budgets. We suggest the lamb which is particularly good in the mountains.

It is possible to arrange additional nights accommodation in Alcudia or Playa de Palma before or after your trip if you would prefer to explore this fabulous island a little more. Please refer to the dates and prices tab for further details or speak to one of our sales team.

Baggage Allowance

Your main luggage will be transferred between each of your hotels while you are out on your walk. We ask that you please ensure that each piece of your luggage is under 20KG and that your luggage is ready for collection in the morning on the day of each hotel change. You will also need a daypack to carry your daily essentials with you whilst you are walking.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the UK Government website.

Health & Vaccinations

Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however, getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. You should be comfortable with walking 5 to 6 hours for consecutive days on rugged paths. Some of the routes are along the coastal clifftops requiring head for heights to enjoy the fantastic views.

Climate

The Balearic Islands have a typical Mediterranean climate with mild winters and hot summers making it the perfect spring or autumn getaway when temperatures are around 25-30 degrees and a welcomed breeze from the sea and the mountains remain cooler for walking. In the summer the islands become extremely hot with temperatures reaching up to 35+ degrees while winters are mild on the islands it also bring periods of strong winds and rain, particularly in the mountains.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '<u>Travel Aware</u>' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at <u>travelaware.campaign.gov.uk</u> and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: <u>www.travel.state.gov</u> for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

- Snowball Oranges by Peter Kerr
- One Mallorcan Summer by Peter Kerr
- I Claudius by Robert Greaves
- The Lemon Grove by Helen Walsh

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our <u>Travel Insurance</u> page for further information and to get a quote.

■ Power bank

Equipment Information

Self Guided Equipment List

■ Hiking boots with good grip soles
■ Functional base layer
■ T-shirts
■ Hat
■ Windproof jacket
■ Fleece / extra layer
■ Long/short hiking trousers
■ Hiking socks
■ Waterproof jacket
■ Waterproof trousers
■ Rucksack (approx. 20 I)
■ Small first aid kit inside your rucksack
■ Sunscreen
■ Water bottle or hydration pack
■ Camera (batteries/memory card)
■ Mobile Phone (ensure your data package covers your destination)

- Waterproof phone cover
- Sun glasses
- Personal wash kit
- Reusable cloth bag for shopping to avoid the use of plastic bags
- Tupperware for picnics
- Walking poles
- Headtorch & spare batteries
- Your self-guided route notes

Cotswold Outdoor

Many of the equipment items listed above are available from <u>Cotswold Outdoor</u> - our 'Official Recommended Outdoor Retailer'. When you book a holiday with KE you will receive a 12.5% discount with Cotswold Outdoor, Snow+Rock and Runners Need. The discount code can be downloaded from your MyKE account and you can use this code at the checkout, either in store or online.

Land Only Information

Please note our 'from price' listed is based on 4 persons on twin or double occupancy, however we can quote for any number of travellers including solo travellers, contact our sales team for a quote.

This trip is available for departures on Fridays and Sundays throughout the dates listed.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

Why Choose KE

Why KE

We have included 2 nights staying in Lluc Monastery high in the Tramuntana Mountains allowing you to immerse yourself in the tranquility of this special mountain range.

Please Note This document was downloaded on 21/11/2024 and the trip is subject to change