

Self-Guided Walking Dubrovnik and The Dalmatian Coast

Trip Code: SGDK

Version:





HIGHLIGHTS

- Walk along quiet walking trails for far reaching views over the Dalmatian Coast
- Enjoy spending two nights within the tranquil Mljet Nation Park
- Taste the local produce of Ston with a wine tasting at the end of your walk in the surrounding

countryside

Bring Dubrovnik's history alive on a guided tour of the city

AT A GLANCE

ACCOMMODATIONS & MEALS

- 6 days walking and sightseeing
- Self-Guided
- Daily departures available
- Guided tour of Dubrovnik
- Join at Dubrovnik

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

Step into the artwork of the Dalmatian Coast with its magnificent pallet of yellow stone set against the magnificent lush green vegetation and vibrant blue Adriatic. An area of Croatia famed for its UNESCO city of Dubrovnik, array of spectacular islands of Mljet and Lupod and deep routed history. On this one week self-guided walking holiday we have ensured you can relax and soak in all this fantastic region has to offer with wine tastings in Ston having walked through the vineyards; a nights stay in the National Park of Mljet; a guided tour of Dubrovnik; and a final night in the golden valley of Konavle. Walking up to 14km a day on tranquil island trails, along inviting waterfronts and rural gravel tracks you will have plenty of time to enjoy a swim or an inviting café along the way.

Each night you will stay in a small family run hotel or guesthouse on a bed and breakfast basis allowing you the flexibility to dine out and sample the delicious oysters on the Peljesac Peninsula, the creamy goats cheeses on Mljet and wines of Konavle. With airport transfers included you can be sure we have everything taken care of for you, so that you can relax and enjoy your holiday.

Is this holiday for you?

Whether you are a foodie, a history buff, or you are looking for your first self-guided walking holiday this is a great trip for you. Utilising the ferries you can enjoy island hopping and peaceful walks of up to 14km, with up to 400m ascent, along coastlines to seductive beaches or under the shade of woodlands to fantastic panoramic views. Staying on the islands of Mljet and Lupod as well as in Dubrovnik and Konavle provides the perfect balance of sightseeing, walking and culture.

Itinerary

Version:

Holiday Information

What's Included

- All accommodation as described
- Luggage transfers
- Meals as described in the Meal Plan
- Self-guided information pack containing your map and route notes
- Transfers from/to Dubrovnik Airport
- Transfers to/from your walks as per itinerary
- Ferry tickets as per itinerary
- Wine tasting on day 2
- Dubrovnik City Tour

What's not Included

- Travel insurance
- Travel to / from Dubrovnik Airport
- Entrance to the National Park at Mljet (around the equivalent of 20 Euros per person)
- Public buses and taxis
- Visas (if applicable)
- Some meals as described in the Meal Plan
- Personal equipment
- Any additional activities/excursions indicated as optional

Your Self-Guided Pack & Route Notes

Each self-guided holiday comes with comprehensive route notes and a map or pocket guidebook of the area you are exploring. The route notes contain information about the places you will visit and the local transport you might need, along with the detailed route notes for your daily walks or cycle rides. We even include some tips for the best places to stop for lunch.

You can expect to receive your Self-Guided Pack containing your route notes, a map or guidebook, and all your relevant documents, no later than 3 weeks before your holiday start-date. We will send your documents using a signed-for courier so that you can track your package and know that it is safely on its way to you. For bookings of more than 4 people we will send an additional Self-Guided Pack. If you do not need this additional pack please inform our Sales Team. Your pack will be sent to the lead booker, so please remind them to pack it before setting off.

Should your self-guided trip be part of a longer adventure requiring you to leave home more than three weeks before your holiday start-date, please inform our Sales Team so that we can make alternative delivery arrangements.

Self-Guided Families

Our Self-Guided Holidays are perfect for your next family holiday and are suitable for children of all ages.

Our partner hotels and accommodations are able to provide cots for young children, and some offer family rooms. We can also arrange hire of children's bikes and tag along bikes for most of our self-guided cycling trips and with trips such as Lake Constance and the Danube offering routes on designated cycle paths you can rest assured in keeping your family safe.

As a parent we trust that you know your own child's capabilities, so please read the itinerary details to ensure the distances covered each day are suitable for your family. If this is a first time walking holiday for your family, a centre based trip is a fantastic option as it allows you to easily opt out of a days walking if a day of building sand castles, swimming in the pool or visiting museums is calling instead.

Please discuss this further with our sales team who will be happy to assist in picking the best trip for your family.

Joining Arrangements & Transfers

The trip starts and ends at Dubrovnik Airport. All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The nearest airport for this trip is Dubrovnik with many departures from regional UK airports; it is also here where you will meet your transfer to your first hotel in Ston.

Meal Plan

This trip is on a bed and breakfast basis to allow you the most flexibility during your holiday.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

Accommodation

We have especially chosen a lovely selection of small, family run 2-star and 3-star guesthouses and hotels for their great locations and warm hospitality. All the accommodations offer comfortable ensuite bedrooms and atmospheric communal areas including a bar, gardens or a terrace, and offer delicious breakfasts to help fuel your days of exploring. In the evenings you can look forward to enjoying dinner out at one of the nearby restaurants.

It is possible to arrange additional nights' accommodation before or after your trip, either in Ston, Konavle, or Dubrovnik. So if you wish to have a little more time relaxing on the coast or exploring the city, please just ask our Sales Team for more information.

Baggage Allowance

You and your main luggage will be transferred between each of your hotels according to the daily itinerary described. We ask that you please ensure that each piece of your luggage is under 20kg. You will also need a daypack to carry your daily essentials with you while you are walking.

General Information

Passport & Visas

The information that we provide is for UK passport holders. A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

It is your responsibility to ensure that you have the correct travel documents and visas for your holiday. Please ensure that you check for the latest advice before travel. For the most up to date information on entry requirements, please visit the <u>UK Government website</u>.

Health & Vaccinations

Severe Allergies

Please inform our KE Sales and support team of any severe allergies you may have before travel. We will always do our best to help but we are unable to guarantee an allergy free environment on our KE trips. We advise that you always carry your own treatment for the allergy with you such as 'adrenaline auto-injectors' if required. We also recommend that you discuss this with your accommodation on arrival so that they can better assist you.

Preparing for your Holiday

The advantage of a self-guided walking holiday is that you decide the pace however getting some additional exercise before coming on an active holiday makes a lot of sense. The fitter you are, after all, the more enjoyable your walks will be. The walks take you through shaded woodlands, along beautiful coastal paths and country dirt roads. You should be comfortable with walking 3 to 4 hours for consecutive days with ascents up to 400m per day. We suggest that you try to fit in a number of daily walks in hilly countryside before your trip and its always a good idea to spend some time walking in the footwear you are going to use on this holiday.

Climate

Thanks to the influence of the Mediterranean, Croatia's Adriatic coast and islands have a mostly dry climate with warm dry summers and mild winters, making this region an excellent place to explore on foot. The hottest months are June, July, and August when temperatures can reach up to 30 degrees centigrade, ideal if you like the heat yet rarely feeling 'too hot'. Spring and autumn are perhaps best for walking, with milder temperatures averaging around 20 degrees centigrade.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's 'Travel Aware' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

Dubrovnik and the Dalmation Coast - Lonely Planet
Game of thrones fans will no doubt recognise landmarks in Dubrovnik where many scenes were
filmed

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our <u>Travel Insurance</u> page for further information and to get a quote.

Equipment Information

Self Guided Equipment List

■ Hiking boots with good grip soles

■ Functional base layer
■ T-shirts
■ Hat
■ Windproof jacket
■ Fleece / extra layer
■ Long/short hiking trousers
■ Hiking socks
■ Waterproof jacket
■ Waterproof trousers
■ Rucksack (approx. 20 I)
■ Small first aid kit inside your rucksack
■ Sunscreen
■ Water bottle or hydration pack
■ Camera (batteries/memory card)
■ Mobile Phone (ensure your data package covers your destination)
■ Power bank
■ Waterproof phone cover
■ Sun glasses
■ Personal wash kit

- Reusable cloth bag for shopping to avoid the use of plastic bags
- Tupperware for picnics
- Walking poles
- Headtorch & spare batteries
- Your self-guided route notes

Cotswold Outdoor

Many of the equipment items listed above are available from <u>Cotswold Outdoor</u> - our 'Official Recommended Outdoor Retailer'. When you book a holiday with KE you will receive a 12.5% discount with Cotswold Outdoor, Snow+Rock and Runners Need. The discount code can be downloaded from your MyKE account and you can use this code at the checkout, either in store or online.

Land Only Information

Please note our 'from price' listed is based on 4 persons, however we can quote for any number of travellers, including solo travellers, contact our sales team for a quote.

All of our self-guided holidays are sold on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. You may even wish to make this holiday part of a bigger adventure or pair it with one of our other holidays. We can arrange additional nights accommodation before or after your self-guided trip, ask our sales team to find out more about this.

Our sales team will be happy to provide you a quote for scheduled flights or alternatively you may wish to book your own flights with a low cost carrier from your nearest regional airport.

Please DO NOT book your flights before you have received your booking confirmation and your deposit has been taken.

Why Choose KE

Why KE?

We have blended the perfect mix of the best walking, taste testing and sightseeing the Dalmatian Coast has to offer to bring the destination alive. We have even included airport transfers, a wine tasting and a city tour of Dubrovnik so you can be sure you get the most out of your trip.

Please Note This document was downloaded on 23/11/2024 and the trip is subject to change