

Classic Tour du Mont Blanc

Trip Code: TMH

Version:



WALK & TREK



GUIDED GROUP



CHALLENGING



HIGHLIGHTS

- Complete the full route around Mont Blanc and tick off a bucket list adventure
- Stay in the beautifully located Bonatti Refuge
- Experience world-class trekking as you walk through France, Italy and Switzerland
- Enjoy the breath-taking scenery of the Alps and their unique mountain culture
- Excellent IML guide

AT A GLANCE

- 10 days trekking
- Max altitude - 2670 metres
- Join at Chamonix

ACCOMMODATIONS & MEALS

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

Introduction

The Tour du Mont Blanc is a classic walking holiday adventure around Mont Blanc in the heart of the Alps of Europe from Chamonix, France trekking through Italy and Switzerland. Starting out in the Chamonix Valley, this superlative walking holiday makes a complete circumnavigation of Mont Blanc and its satellite Alpine peaks. Walking firstly into Italy and then Switzerland, the trekking route follows picturesque valley trails and ascends via wonderful mountain paths.

Our walking route also climbs to a succession of scenic and challenging Alpine passes, including the high point of the circuit at the rocky Fenetre d'Arpette (2670m). Lower level highlights include the vibrant Italian Alpine resort of Courmayeur and the charming Swiss village of Champex. As an excellent final day addition to this classic walking holiday around Mont Blanc we include the trek to the summit of the Brevent (2525m) for unmatched views of Chamonix, the Aiguille du Midi and Mont Blanc itself. We use a good standard of hotel accommodation throughout and our vehicle back-up means that group members need carry only a small daysack.

This holiday provides an excellent introduction to long-distance trail walking in the Alps of Europe.

Is this holiday for you?

This is a classic Alpine walking route on good trails. The average distance covered each day is around 17 kilometres and there is a fair amount of ascent and descent. However, the pace of the walking is steady and regular hill walkers will find this trek to be well within their capabilities. Additionally, vehicle transport for nearly all nights, means that you need to carry no more than a small daysack. On this trip most nights will be spent in hotels or pensions, except for one night where you will stay in a mountain hut, here luggage transfer is unavailable so you will need to carry all you require for that evening and the following days trek. There will be vehicle support every other day however to carry the group members trek bags to the next overnight stop (note, this service cannot be used for passengers).

Itinerary

Version:

Holiday Information

What's Included

- A professional English-speaking guide
- All transfers and cable cars involved in the itinerary
- All accommodation as described
- Meals as detailed in the Meal Plan
- Services of a support vehicle for baggage transfers

What's not Included

- Travel Insurance
- Meals as detailed in the Meal Plan
- Visa fees (if applicable)
- Airport transfers
- Miscellaneous expenses

Joining Arrangements & Transfers

TRAVEL TO YOUR DESTINATION

In some cases you may choose to take a ferry and/or train to your holiday start and end destination. Please see further information on [Travelling by Train](#).

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive than low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

The group will rendezvous at the hotel in the Les Houches on the evening of day 1 of the trip itinerary.

Arriving by air:

Fly to Geneva Airport and make use of an airport transfer service. We recommend Mountaintdropoffs (mountaintdropoffs.com/en).

Arriving by rail:

Train tickets can be booked from London through to Les Houches (with two changes) with trainline.com.

Arriving by road:

If you are driving to Les Houches we will provide route details and directions to the group hotel in the Chamonix Valley.

Hotel contact details and an emergency number will be provided with your booking confirmation.

Meal Plan

All meals are included except for lunches.

Lunches can be easily purchased from supermarkets, bakeries or your accommodation along the way.

We do recommend you bring a few additional trail bars and snacks with you (not chocolate as it can melt) - these can of course also be purchased along the way, but it is sometimes nice to have your favourite hill food with you.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

As might be expected, the food available in restaurants and hotels in France and Switzerland is excellent. Continental breakfasts and evening meals are provided by our accommodation. Lunch and additional snacks can be purchased from the huts or supermarkets when in the valley.

Accommodation

During this holiday, the groups start and finish the trek at a hotel in the Chamonix Valley. On the rest of the Tour de Mont Blanc the group will spend a total of 7 nights in comfortable hotels, gites or mountain huts.

On the route of the 'Tour du Mont Blanc' accommodation is comfortable and charming but often quite simple. Where we can, we will book twin rooms. Occasionally it will be same sex triple or quad rooms, which may be with shared bathrooms. In mountain huts the accommodation will be in a non-segregated dormitory. This type of shared accommodation is all part of the Alpine mountain experience.

Single rooms are not available.

Group Leader & Support Staff

The group will be led by an experienced mountain leader. There will also be a support vehicle for baggage transfer.

Altitude

This holiday involves going to moderately high altitude. During the course of your trip you will reach altitudes in excess of 2500 metres. Most people will have no difficulty with this level of altitude but before coming on the holiday, we recommend you read the advice on trekking at altitude on our website which can be viewed via the link below. You can also talk to one of our trekking experts if you have any concerns about altitude. www.theadventure.com/page/altitude.html

Spending Money

The package price includes all accommodation, guiding, and all meals except lunches. You should also make an allowance for additional snacks, drinks etc. Beer, wine and soft drinks are available every night.

Approximately 400 Euros should adequately cover typical personal spending requirements. Please note that a part of the route is in Switzerland but Euros are accepted in most places we stay, although Euros will generally be accepted you may not get a favourable exchange rate.

Baggage Allowance

For this holiday you should take one piece of luggage and a daypack (of around 30 - 40 litres).

Our baggage transfer company who transport your main bag from guesthouse to guesthouse throughout the trek have requested that everyone uses a duffle type bag. They will not take hard suitcases. Please note that there is a strict weight limit of 15kgs maximum for bags to be transferred and no fresh produce should be left in these bags.

You can of course travel to the group hotel with any type of baggage, and store it at our group accommodation with any items you do not need on trek and pick these up when you return.

Your main bag will be transferred between overnight stops and you should have this ready for collection by 8.00 each morning. The bag will normally be delivered to your hotel by 17.30.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates (see *Health & Vaccinations* below), and visas for your holiday. Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

Currency

The currency for part or all of this holiday is the Euro.

The unit of currency in Switzerland is the Swiss Franc.

Preparing for your Holiday

It makes a lot of sense to spend some time before coming on a trekking or climbing trip getting some additional exercise. The fitter you are, after all, the more enjoyable you will find the experience. We would suggest that you adopt a weekly exercise regime leading up to your trip. Before departure, we suggest that you try to fit in a number of long walks in hilly country.

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: www.travel.state.gov for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Books

- Tour of Mont Blanc. Trekking Guide. Kev Reynolds
- Walking Guide to the Tour du Mont Blanc. Andrew Harper
- Tour du Mont Blanc Topo Guide. Publisher: Fdration Franaise de la Randonne

Maps

IGN (Institut Geographique National) 1:50,000 scale.

The IGN also produce a 1:25,000 series covering the route but these are not very practical as you would require several sheets. The 1:50,000 'Carte de Randonees' series of walking maps provides a detailed topographic map with a useful contour interval of 20m. This is still a good scale for following the route on the ground and means you only need one map: Pays Du Mont-Blanc - Aravis - Chamonix - Courmayeur A1

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

Equipment Information

Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

You must bring the following items:

- Hiking boots
- Socks
- Underwear
- Hiking trousers
- Waterproof jacket
- Waterproof overtrousers
- Thermal baselayer shirts (1 short sleeve, 1 long sleeve)
- Fleece jacket or warm jumper
- Warm and waterproof gloves or mittens
- Thermal gloves

- Sunhat
- Warm hat
- Sunglasses
- Daypack 30 - 40 litres should be sufficient
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Washbag and toiletries
- Antibacterial handwash
- Head torch and spare batteries
- Basic First Aid Kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment.

The following items are optional:

- Trekking poles (highly recommended)
- Gaiters
- Shorts
- Thermal baselayer - legging
- T-shirts and/or casual shirts
- Spare laces
- Insect repellent

- Camera
- Travel clothes
- Travel shoes
- Reusable cloth bag for shopping (to avoid plastic bags)

Notes

We request that you keep the weight of your main baggage to less than 15kgs for the baggage transfers.

A free sheet sleeping bag liner is available to hire.

Land Only Information

We sell this holiday on a Land Only basis allowing you the flexibility to choose the travel method which best suits you. The holiday starts at the hotel the Chamonix Valley. Geneva has the nearest airport.

Why Choose KE

Why KE

Complete the tour with our experienced guides, who live, breathe and love the Alps. Relax in hotel accommodation and experience the stunning Bonatti Refuge.

Please Note This document was downloaded on 09/01/2026 and the trip is subject to change