

# Family Egypt Adventure Holiday

Trip Code: FEA

Version:



MULTI ACTIVITY



FAMILY



LEISURELY



## HIGHLIGHTS

- Visit the Sphinx, the Great Pyramid, and discover the Egyptian Museum's incredible artefacts
- Travel by overnight sleeper train to Aswan and visit a Nubian Village
- Kayak and sail a felucca on the River Nile
- Explore Karnak Temple and hunt for hidden Pharaoh tombs in the Valley of the Kings
- Enjoy a snorkelling boat trip in the Red Sea

## AT A GLANCE

- 9 days sightseeing and adventure
- Kayaking on the Nile
- Sailing on a felucca
- Red Sea boat ride
- Visit famous Egyptian sites
- Join at Cairo, ends Hurghada

## ACCOMMODATIONS & MEALS

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

# Introduction

The world-renowned history and culture of Egypt brings classroom history alive on this family holiday! We'll experience all the sounds and sites, and have time to relax on the famous River Nile and at the Red Sea. We begin in Cairo with the Great Pyramids, the Sphinx and a visit to the incredible Egyptian Museum, home to Tutankhamun's iconic golden deathmask. We then trundle to Aswan on the overnight sleeper train to meet Nubian villagers, kayak on the River Nile and enjoy a peaceful sail on a traditional felucca boat.

At Luxor we are back with the ancient Egyptians seeing their incredible temples and structures which are around 4000 years old. Karnak Temple, the Avenue of the Sphinxes, the Great Temple of Amun and the Valley of the Kings will inspire the young and old alike. After stopping at the vast Temple of Queen Hatshepsut, one of Egypt's greatest female Pharaohs, our special itinerary ends in Hurghada, at the Red Sea, giving you a couple of days to relax and for the children to unwind and enjoy the swimming pool and sea. This is a perfect end and contrast to this holiday where the start is jam packed with the incredible sights and ancient history that this fascinating country has to offer.

## Is this holiday for you?

### Suitable for children from 6yrs old

This holiday stays in good tourist class hotels with swimming pools. There is one night when on a sleeper train (see accommodation for further information).

Many days will be walking/sightseeing at ancient Egyptian sites which could be hot and dusty in the summer months. These visits are usually just half a day and utilise the hotel facilities to cool off in the afternoon.

The kayaking is suitable for beginners and all safety equipment is provided. Single and double kayaks are available. For any activities which involve going on the water all participants should be able to swim. For the short 30 minute cycle ride, helmets are provided and there will be a selection of sized bikes. The

vehicle will stay with the group if participants don't wish to cycle.

For the transfers we shall use comfortable air-conditioned minibuses.

# Itinerary

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Version:

## Holiday Information

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### What's Included

- A professional and qualified tour leader
- Single timed airport transfers on arrival and departure
- All accommodation as described
- Meals as described in the Meal Plan
- All land transport required by the itinerary
- All activities/excursions/entrance fees mentioned unless specified as 'optional'

### What's not Included

- Travel insurance
- Visas (if applicable)
- Airport transfers other than group transfers
- Some meals as described in the Meal Plan
- Any additional activities/excursions indicated as optional
- Tips
- Miscellaneous personal expenditure - drinks and souvenirs etc

### Joining Arrangements & Transfers

The group will meet at the hotel in Cairo.

A single transfer from Cairo Airport to the group hotel is provided in the evening of Day 1 of the Land Only itinerary.

On the last day of the Land Only itinerary, there will be a single transfer to Hurghada Airport for flights departing at lunchtime.

Flight times can vary for different departures, please contact the office for exact details.

Anyone may join the group transfers by prior arrangement. Travelling as a group or on public transport saves energy. If this is not practical, we can provide private transfers at an additional cost.

Hotel contact details and an emergency number will be provided with your booking confirmation.

## Meal Plan

From dinner on day 1 to breakfast on day 9: All breakfasts, 3 lunches and 5 dinners are included. You will have to purchase 4 lunches and 3 dinners.

## Food & Water

It is not recommended to drink untreated water from the taps. You should take purification tablets or a filter bottle (such as a [Water-To-Go bottle](#)) to treat your water. We do not encourage the purchasing of single use plastic bottles.

Egyptian food has a Middle Eastern feel to it. You can expect dishes including falafel, kebabs, chicken, lamb, fish, pitta bread, beans and dips such as hummus and vegetables. Many western dishes are also easy to find, especially at hotels. A famous traditional dish is koshari which mixes pasta, rice and lentils! The Egyptians also have a sweet tooth, so expect to see lots of delicious baklava stuffed with nuts and covered in honey. Vegetarian dishes are sometimes limited for dinner when on the overnight train. You may wish to take an extra snack or two with you. Otherwise vegetarians are generally catered for with ease.

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Accommodation

For 7 nights you will be in comfortable hotels with swimming pools. The resort at the Red Sea is the Mercure Hotel.

You have 1 night on the overnight sleeper train from Cairo to Aswan. We have 2 person compartments which are converted by the steward into bunk beds and the beds are made up with bed linen, blankets and pillows. If you are a family of 3 then one person will share with someone else. Single cabins are available at an additional cost and subject to availability (please contact us for further information). Dinner and breakfast is served at your seats. There is place to store your luggage and the cabin is lockable. There are western-style toilets in each carriage, but they can be basic.

Generally, children under the age of 11yrs share with their parents, relatives or guardians. This can range from a triple for a family of 3, to a double with extra beds or two separate rooms for families of 4. Smaller families, or single parents with 1 child, as a group of 2 will be in a twin room. If you are travelling with children over the age of 12yrs, you could be sharing a triple or quad room or staying in two separate rooms. We will do everything to ensure that you are happy with your rooming allocation.

## Group Leader & Support Staff

The group will be led by a professional and qualified tour leader.

## Altitude

This holiday does not involve any significant ascent to altitude and we would not expect any altitude issues with this trip.

## Spending Money

Approximately £200 per person (or equivalent in US dollars or Euros) should be allowed for tips, soft drinks, non-included meals, snacks and miscellaneous expenses. Alcoholic drinks, souvenirs and optional activities are additional so you may wish to budget for these.

We recommend around USD 10-15 per person for each non-included meal.

We recommend USD 40 per person for the tipping kitty and USD \$40 per person for leaders tips.

Some sites that you visit will have a 'camera charge'. This is 5-15 USD.

You can withdraw money in local currency from ATM's on arrival at the airport in arrivals or in Cairo and the other cities that you visit. Or you can take cash in pounds sterling, dollars or euros to exchange. Credit cards are useful and it is a good idea to carry one in case of emergency.

## Optional activity costs:

Please note that these prices are correct at time of writing, but are subject to change without warning. All prices are in USD. Optional activities taken outside the KE holiday are at your own risk.

- Philae temple on day 3. USD 35 per person, minimum 2 people. (done before or after kayaking)
- Abu Simbel temples by road on day 4. USD 110, minimum 4 people. (very early 4am start, 3.5hrs drive each way)
- Luxor temple on day 5. USD 27, minimum 2 people. (usually done in at sunset / evening when the temple is lit)

## Guidance on Tipping

Tipping is the accepted way of saying 'thank you' to your leader and local team. In Egypt tipping is expected. At the start of the holiday the leader will gather a kitty together and he will tip all the people along the route with this (bus drivers, local guides etc). There is another amount that you should tip the leader at the end of the trip. We provide recommended amounts in the 'Spending Money' section. Tipping should be dependent on good service.

## Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. Luggage with wheels is useful for this holiday. For international flights please check your baggage allowance with your airline.

## Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

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## Passport & Visas

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** (see *Health & Vaccinations below*), **and visas for your holiday**. Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.

If you are a UK passport holder you need a visa to enter Egypt. This can be obtained online prior to departure via the [Egypt e-visa portal](#). Visas are also available on arrival and cost \$25 from the approved bank kiosks within the airport arrival hall.

## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations or other preventive measures. You should be up to date with routine courses and boosters as recommended in the UK e.g. diphtheria-tetanus-polio and measles-mumps-rubella, along with hepatitis A and typhoid. A good online resource is [Travel Health Pro](#).

### Severe Allergies

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

## Currency

The unit of currency in Egypt is the Egyptian Pound (EGP).



## Climate

On the whole there is little rain in Egypt. The summer months (June – September) are hot and dry with temperatures near 30 degrees Celsius. It is often around 5+ degrees Celsius hotter in Aswan. In the winter months it can get surprisingly cold, especially at night when it can drop just below 10 degrees Celsius.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](#)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](http://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](http://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## FAQ's about our family holidays

We welcome all family dynamics and we will try to accommodate you in the roomings of your choice. The only stipulation for joining a family group holiday is that 1 party member is 17yrs or under, and they are accompanied by an adult. An average group size is around 10 members in total. Further general information and FAQ's are available here: [KE Family Adventure Holidays general information](#).

## Private Groups Information

### Make this KE family holiday your own!

- Choose your own departure date
- Travel on this holiday with just your family and friends
- Tailor your holiday by adding extra days for relaxation or upgrade your hotels

If our standard dates do not fit with your school holidays or you wish to travel with just your family or with your family and friends, we will be pleased to set up a private departure for any of our family holidays.

Depending on what you are looking for we can look at tweaking the itinerary to allow you some extra relaxation time or upgrading the hotels. Our personal service means you'll be fully involved as we make the arrangements for your perfect family adventure holiday.

### Independence with Security

Travelling as a KE private family group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for you and your family and friends by a reputable adventure travel company.

To take your first step to an amazing adventure with your family and friends complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

### Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

## Equipment Information

### Equipment List

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

## You should bring the following items:

- Walking shoes or trainers
- Sandals
- Lightweight trousers / shorts / skirt
- T-shirts and/or casual shirts
- Loose-fitting, long-sleeved shirts with collar (for sun protection)
- Socks & Underwear
- Lightweight waterproof jacket
- Fleece jacket and/or warm fleece (both during the winter months)
- Gloves (for the winter months)
- Sunhat
- Warm hat (for the winter months)
- Sunglasses
- Scarf/buff or face protection (for sandy days!)
- Daypack 25-30 litres (depending on how much of the kids' stuff you want to carry)
- Sun protection (including total bloc for lips, nose etc.)
- Insect repellent
- Water bottles (approx 1 litre per person) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Swimwear
- Swim towel
- Torch and batteries
- Basic First Aid Kit. Including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment, and re-hydration salts (Dioralite).

## The following items are optional:

- Pen-knife (note: always pack sharp objects in hold baggage)
- Camera
- Snorkel & mask (they are provided on the boat, but you may wish to bring your own)
- Reusable cloth bag for shopping (to avoid plastic bags)

## NOTES:

Much of Egypt is Islamic, modest dress is preferable in the towns and cities away from the tourist areas.

## Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

## Land Only Information

The LAND ONLY dates and prices are for the itinerary, joining at the hotel in Cairo and ending Hurghada. A single transfer is included from Cairo Airport on Day 1, and to Hurghada Airport at the end of the holiday.

## Flight Inclusive Information

Limited seats are available at the advertised flight price, please book as early as you can. If we are unable to secure seats at the price shown, or you have requested regional departures and/or upgrades, we will provide you with an alternative quote. It is likely that flight payment will be in advance of your final holiday balance. Booking a flight inclusive package means you will benefit from full financial protection, eases your holiday planning, and leaves us to deal with airlines and schedule changes. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

Regional departures and/or alternative carriers are available on request.

## Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Cairo and back from Hurghada. Outbound flights will usually depart from the UK in the afternoon, arriving in the evening. Return flights will depart Hurghada at lunchtime, via Cairo to arrive in London in the evening.

# Why Choose KE

## Why KE

Our Egyptian tour leaders are experts at guiding families and are master storytellers. They will ensure that even the youngest in the group will be captivated by Egypt's incredible architecture and history.

**Please Note** This document was downloaded on 24/08/2025 and the trip is subject to change