

# Walking Croatia's Coast & Mountains

Trip Code: CAC

Version:



WALK & TREK



GUIDED GROUP



MODERATE



## HIGHLIGHTS

- Explore through the rugged Velica Paklenica Canyon to Manita Cave
- Cascading waterfalls and lush flora in Plitvice and Krka national parks
- Hike to a rustic Paklenika homestay for a warm welcome and great food
- Stroll along beautiful promenades in the coastal gems of Zadar and Split

**AT A GLANCE**

- 6 days walking
- Join at Zagreb, Ends in Split

**ACCOMMODATIONS & MEALS**

[VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE](#)

## Introduction

Croatia's Dalmatian Coast is home to an incredible coastline, dramatic national parks, towering peaks, medieval towns, mouth-watering food, cascading waterfalls and wonderful hospitality. This lovely walking holiday to Croatia includes some of Europe's most spectacular trails, including a part of the spectacular Via Dinarica long-distance footpath which snakes through the Balkans. From the Croatian capital of Zagreb, with its bustling market, colourful old centre and stunning cathedral, we head first to the UNESCO World Heritage Site of Plitvice Lakes. Here we'll discover an abundance of beautiful cascading waterfalls and stunning lakes. The undiscovered Velebit Mountains and breath-taking Paklenica National Park offer jaw-dropping scenery, off the beaten track trails and a visit to a welcoming homestay. Wherever we go on this holiday, we'll be surrounded by dramatic views of the coast and the stunning archipelago of offshore islands. In the charming coastal towns of Zadar and Split we can enjoy Croatia's famed café culture, amazing restaurants, stunning promenades and beautiful medieval architecture. This provides the perfect contrast to our adventure in the dramatic mountains.

### Is this holiday for you?

This holiday takes you along excellent walking trails with views of the superb Adriatic Coast and there is enough walking each day to keep regular hikers happy. Walking days are usually between 4 and 5 hours on trails which range from grassy paths and forest woodland to alpine paths in the mountains. On some days we encounter sections of the Via Dinarica, the new long distance walking trail that links the countries of the Balkans. On Day 4 we stay in the heart of Paklenica away from any roads. On this day's relatively short hike we'll carry what we need for 1 night but as all bedding is supplied, there is no need for heavy backpacking. Staying in the homestay gives us the opportunity to experience an unspoilt location and home cooked food. There are a couple of long drives (max 2 hours) as this holiday includes a number of the country's highlights and most spectacular national parks. Relaxed evenings are spent in charming towns as this holiday gives a wonderful insight into a lesser known region of Croatia.

# Itinerary

---

Version:

## Holiday Information

---

### What's Included

- A professional and qualified tour leader
- Single timed airport transfers on arrival & departure
- All accommodation as described
- Meals as described in the Meal Plan
- All land and ferry transport required by the itinerary
- National Park entrance fees

### What's not Included

- Travel insurance
- Some meals as described in the Meal Plan
- Extra activities and excursions not part of the itinerary
- Tips
- Miscellaneous personal expenditure - drinks and souvenirs etc

### Joining Arrangements & Transfers

The group will meet at the hotel in Zagreb.

A single timed transfer from Zagreb Airport to the first nights hotel is provided.

On the last day of the Land Only itinerary, there will be a single transfer to Split Airport for flights departing in the late afternoon.

Anyone may join the group transfers by prior arrangement. Travelling as a group or on public transport saves energy. If this is not practical, we can provide private transfers at an additional cost. Taxis are also available.

Hotel contact details and an emergency number will be provided with your booking confirmation.

### Meal Plan

All breakfasts, 6 lunches and 5 dinners are included in the holiday price.

## Food & Water

Water from the taps may not be drinkable in all locations on this trip - please check with your guide. We recommend taking water purification tablets and a reusable bottle with a filter such as [Water-to-Go](#), which can both be used to help make safe other water sources. Please note that we do not encourage the purchase of single use plastic bottles.

Croatia has a fantastic variety of food due to the rich influence of the Mediterranean and Central Europe, which means that there is something for everyone's tastes. Breakfasts are continental in style with bread, cheese, meats, jams, tea and coffee etc. Due to its close proximity to Italy there are few towns on the coast without a pizzeria, which are always simple, reasonably priced and excellent. Whilst on the coast fresh seafood is extremely popular and shouldn't be missed.

Croatians enjoy fresh vegetables and side salads with dinner, alongside turkey, pork, chicken or fish. Cevapcici are very thin sausages, or kebabs, made from minced meat and a popular local dish. There is also plenty of good choices for vegetarians with Italian risottos, gnocchi and pastas on menus. Alongside the excellent food, Croatian wine is fantastic and very reasonably priced. Good quality wines are available by the glass and generally Croatians order wine by the glass, half litre or litre. After dinner digestives are extremely popular and worth a try, ranging from the warming and delicious honey, walnut and blackberry brandies to the fiery pear, herb and plum schnapps!

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Accommodation

Accommodation on this holiday is in a variety of comfortable hotels and local guesthouses with 1 night in a simple homestay on a dormitory basis.

If you are travelling by yourself, you will be paired up with another single client of the same sex (except for the 1 night which is in a dormitory). Single rooms for the 6 nights are available for a supplementary cost. If you are planning on extending your holiday additional nights at the group hotel are available on request.

## Group Leader & Support Staff

The group will be led by a professional and qualified tour leader.

## **Altitude**

This holiday does not involve any significant ascent to altitude and we would not expect any altitude issues with this trip.

## **Spending Money**

Approximately 250 Euros should be sufficient to cover all non included meals and reasonable personal expenses. ATM's are readily available in the towns of Zagreb, Zadar and Split plus on arrival at Zagreb Airport.

## **Group Size & Holiday Status**

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the 'Dates and Prices' table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

---

## Passport & Visas

### Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required, and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** (*see Health & Vaccinations below*), **and visas for your holiday.** Please ensure that you check the [FCDO](#) for the latest advice for **each country visited** before travel.



## Health & Vaccinations

### Vaccinations

You should contact your doctor or travel clinic to check whether you require any specific vaccinations.

### GHIC / Medical cover

UK residents should carry a free Global Health Insurance Card (GHIC). This entitles you to state provided medical treatment when you're visiting an EU country or Switzerland. This is not a substitute for medical travel insurance which is vital when travelling overseas.

### Severe Allergies

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips. You will need to carry your own treatment for the allergy with you, as 'adrenaline auto-injectors' are not carried as standard by KE leaders and staff. You should inform your leader on arrival of your allergy, and let them know where you keep your adrenaline pen.

## Currency

The unit of currency in Croatia is the Euro.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's '[Travel Aware](https://www.travelaware.gov.uk)' campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at [travelaware.campaign.gov.uk](https://travelaware.campaign.gov.uk) and read the FCDO Travel Advice for their chosen destination. North Americans can also check out the U.S. Department of State website: [www.travel.state.gov](https://www.travel.state.gov) for essential travel advice and tips.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Private Groups Information

**Make this KE Adventure holiday your own!**

- Do our normal group departure dates not fit?
- Would you prefer to travel with just friends and/or family?
- Are you looking to organise a trip for your local walking, biking or mountaineering club?

It's really easy to make a trip your own. Simply select from our full range of adventure holidays and choose the dates that work for you and your group.

We are experts in creating holidays for groups of friends, families, charities and clubs. Our personal service means you'll be fully involved as we make the arrangements for your perfect adventure holiday.

### Independence with Security

Travelling as a KE Private Group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for your group by a reputable adventure travel company.

To take your first step to an amazing adventure with your friends and family complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

## Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our [Travel Insurance](#) page for further information and to get a quote.

## Explore International

This holiday is part of our Explore International range. Participants on these trips can book through KE or through one of our international partners. This helps us to gather together sufficient numbers of like-minded adventurers to get your holiday up and running quickly. Led by an English-speaking guide, the cosmopolitan nature of these groups can be an important part of the experience!

# Equipment Information



## Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

### You should bring the following items:

- Hiking boots
- Trainers or sandals
- Socks
- Underwear
- Trekking trousers / pants
- Windproof/waterproof jacket
- Waterproof overtrousers / rainpants
- Thermal baselayer shirts
- T-shirts and/or casual shirts
- Fleece jacket or warm jumper
- Sunhat
- Warm hat
- Eyewear - sunglasses
- Daypack c. 30 litres / 1800 cubic inches
- Headtorch / headlamp with spare batteries
- Sun protection (including for lips)
- Water bottles 1 litre / 1 quart (x2) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Washbag and toiletries
- Antibacterial handwash
- Swimwear
- Small towel
- Basic First Aid Kit including: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters (band-aids) and blister treatment, insect repellent, and re-hydration salts (Dioralite). Glucose tablets and multi-vitamin tablets.

### The following items are optional:

- Gaiters
- Trekking poles
- Shorts
- Insect repellent - (DEET)
- Camera, media, spare batteries
- Small padlock (to lock your main luggage)
- Reusable cloth bag for shopping (to avoid plastic bags)

### Notes

- During this holiday there are a number of occasions when you will need to carry your KE bag for short distances. Some clients have found that a piece of luggage with wheels makes sense for this holiday.

## Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

## Land Only Information

The LAND ONLY dates and prices are for the itinerary joining at the hotel in Zagreb. A single timed transfer is included from Zagreb Airport. The holidays ends in Split. A single airport transfers on departure to Split Airport is included.

## Flight Inclusive Information

Limited seats are available at the advertised flight price, please book as early as you can. If we are unable to secure seats at the price shown, or you have requested regional departures and/or upgrades, we will provide you with an alternative quote. It is likely that flight payment will be in advance of your final holiday balance. Booking a flight inclusive package means you will benefit from full financial protection, eases your holiday planning, and leaves us to deal with airlines and schedule changes. If you book flights through KE Adventure Travel we will [offset the carbon of your flight](#).

Regional departures and/or alternative carriers are available on request.

## Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London Heathrow to Zagreb. Outbound flights depart from the UK in the morning and arriving in the afternoon of the same day (day 1 of the Land Only itinerary). Return flights depart Split in the morning of the last day of the itinerary, arriving in the UK the same afternoon.

# Why Choose KE

## Why KE

The Via Dinarica long distance trail is described as one of the top walking trails in the world. Why not join KE and enjoy sections of this fantastic trail as it leads you through the stunning landscapes of Croatia's finest national parks.

**Please Note** This document was downloaded on 16/08/2025 and the trip is subject to change